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Newcastle Upon Tyne



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Northumbrian Coast



GEORDIE LEEK PUDDING



Leek pudding is a suet pudding with a filling of leeks that comes from North East England.

Ingredients

- 230g self raising flour
- 120g suet
- 1 tbsp mustard
- Salt and pepper to season
- Water
- 500 g leeks
- 100g butter

Instructions

- 1. Grease a pudding basin.
- 2. Mix together flour, suet and mustard.
- 3. Season with salt and pepper.
- 4. Add water a little at a time, mixing to make a dough.
- 5. Roll out the dough and use it to line the pudding basin, leaving enough to form a lid.
- 6. Chop the leeks into small pieces.
- 7. Melt the butter and toss the leeks in it.
- 8. Put leeks into the pudding basin and make a lid with rest of dough.
- 9. Cover the basin with greaseproof paper and silver foil, tied with string.
- 10. Place the basin into a bowl of water and bring to the boil.
- 11. Cook for two hours, topping up with water from time to time
- 12. Turn out onto a plate to eat on its own or with minced meat or stew.